

# In vivo efficacy testing of nanodrugs for Parkinson's disease treatment

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## Parkinson's disease (PD)

- massive depletion of dopamine
- motor symptoms tremor, muscle stiffness
- neuropsychiatric and cognitive symptoms





## Conventional therapy for PD

- Levodopa (LD) gold standard
- DDC inhibitor carbidopa (CD) enhances therapeutic benefits

ОH

Dopa decarboxylase (DDC)

HO

several side effects

HO

ΟН

L-Dopa

 $NH_2$ 



### Main goals of the study

- develop multifunctional drug delivery systems for the brain
- examine their interactions with LD
- evaluate:
- a) toxic effects of drug delivery system with or without LD in vitro and in vivo
- b) efficacy of drug delivery system *in vitro* and *in vivo*







## Selenium nanoparticles as drug carriers









Dynamic light scattering (DLS) – hydrodynamic diameter (d<sub>H</sub>)



Electrophoretic light scattering (ELS) – **zeta (ζ) potential** 



d <sub>TEM</sub> / nm	d <sub>H</sub> / nm (% intensity)	ζ potential /mV
79 ± 7	82.9 ± 0.5 (100 %)	-28.0 ± 1.9

## In vivo experiment design

### 1. Repeated dose toxicity

• 5 groups

per group

6 males and 6 females

• 12 weeks old animals

• 28 days oral treatment

administration



Oxidative stress evaluation

Histopathology





**Blood** analysis







- 1) control group 2) LD group
  - 3) PVP-SeNPs low dose
  - 4) PVP-SeNPs high dose
  - 5) PVP-SeNPs + LD

- Brain
  - Kidney
- Heart
- Liver
- Blood

### 2. Parkinson's disease model testing

#### a) Stereotaxic surgery

- 6-hydroxydopamine death of dopaminergic neurons
- generation of Hemiparkinsonian Rats
- behavioural assays

### b) Drug testing

- 5 groups
- 6 males and 6 females per group
- 12 weeks old animals
- 28 days oral treatment administration – 4 weeks after surgery

1) control group
2) LD group
3) LD + CD group
4) PVP-SeNPs + LD + CD
5) PVP-SeNPs + LD



- Brain
- Kidney
- Heart
- Liver
- Blood

## Behavioural assays

### 1. Rotarod performance test

- motor coordination assessing
- 2 days conditioning before experiment
- accelerating from 4 to 40 rpm
- 5 times in session with 20 minutes breaks
- time on the rod



### 2. Neurological severity score

- hindlimb extension reflexes
- front limb extension reflexes
- resistance for lateral pulsion for the right and left side
- scores from 0 (maximal deficits) to 4 (normal) - combining scores of all test (0 to 16)



### 3. Gait analysis

- changes in motor impairments
- 120 cm long and 20 cm wide walkway with dark goal box
- stride length and width
- relative paw placement



## Results

### 1. Behavioural tests before treatment

#### 1.1. Rotarod performance





#### 1.2. Neurological severity score





2. Behavioural tests after treatment

#### 2.1. Rotarod performance



#### 2.2. Neurological severity score



## **Conclusions**



- behavioural assays confirmed PD symptoms in rats 4 weeks after the surgery
- LD and LD + CD treated groups displayed improvements of measured conditions
- treatment with PVP-SeNPs in the combination with LD (+ CD) had a greater effect in males

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All animal experiments were **approved** by the Institutional Animal Care and Use Committee and were **in accordance with the ethical codex** for the animal welfare of the Croatian Society for Laboratory Animal Science and with international standards.



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